

## Prairie girls 3rd in Valley Division meet

Written by Metro Sports Report  
Thursday, 13 October 2011 21:18 -

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Iowa City West and Cedar Falls combined to sweep the top 10 spots at the Mississippi Valley Conference Valley Division girls cross country meet Thursday at Prairie.

West pulled out the team title with 25 points. Cedar Falls had 30. Prairie was third at 77, followed by Dubuque Hempstead (115), Xavier (130), Jefferson (167) and Waterloo East (202).

Cedar Falls junior Allison Gregg was the individual winner, running the 4k course in 15 minutes, 15 seconds. Iowa City West junior Molly Leveille was close behind in 15:18.

Prairie junior Beth Heims was 11th in 16:31 and senior Bree Gaster was 12th in 16:32.

Xavier was led by sophomore Marinna Schroud, who finished 21st in 17:11.

Jefferson's top finisher was junior Michelle Zikes, who was 26th in 17:24.

### MVC VALLEY DIVISION MEET At Prairie

#### Teams

1. Iowa City West 25, 2. Cedar Falls 30, 3. Prairie 77, 4. Hempstead 115, 5. Xavier 130, 6. Jefferson 167, 7. Waterloo East 202.

#### Individuals

|                            |       |
|----------------------------|-------|
| 1. Allison Gregg (CF)      | 15:15 |
| 2. Molly Leveille (ICW)    | 15:18 |
| 3. Pombie Silverman (ICW)  | 15:26 |
| 4. Brianna King (CF)       | 15:43 |
| 5. Ashley Knudson (ICW)    | 16:11 |
| 6. Hannah Savage (CF)      | 16:11 |
| 7. Ashlynn Yokom (ICW)     | 16:12 |
| 8. Olive Carrollhach (ICW) | 16:18 |
| 9. Kate Halloran (CF)      | 16:24 |

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10. Kaitlyn Hennings (CF) 16:26

### PRAIRIE

|                      |       |
|----------------------|-------|
| 11. Beth Heims       | 16:31 |
| 12. Bree Gaster      | 16:32 |
| 16. Maddie Rainey    | 16:50 |
| 18. Anastasia Jordan | 16:59 |
| 20. Katie Costigan   | 17:02 |
| 34. Holly Wisnousky  | 18:32 |
| 35. Anna Rubsam      | 18:35 |

### XAVIER

|                      |       |
|----------------------|-------|
| 21. Marinna Schroud  | 17:11 |
| 23. Sarah Chicchelly | 17:15 |
| 25. Ann Glavan       | 17:22 |
| 29. Allison Pitz     | 17:40 |
| 32. Rachel Sigmon    | 18:01 |

### JEFFERSON

|                       |       |
|-----------------------|-------|
| 26. Michelle Zikes    | 17:24 |
| 27. Rachel Sedlacek   | 17:36 |
| 37. Bethany Polansky  | 19:07 |
| 38. Carson Burgart    | 19:08 |
| 29. Rachel Broghammer | 19:24 |
| 41. Jennifer McDowell | 19:50 |