800 - Caleb Drake, Pleasant Valley, 1:58.15

Written by Metro Sports Report Friday, 29 March 2013 21:30 - Last Updated Friday, 29 March 2013 21:46 BETTENDORF -- Cedar Rapids Prairie captured the 4x200 relay at the Pleasant Valley boys track meet Thursday for its only victory. The Hawks won the race in 1:31.98. Haakon Wilz placed second in the 110 hurdles and long jump for Prairie. Demetrius Harper finished second in the 100-meter dash, and Josh Williams took second in the shot put. PLEASANT VALLEY INVITATIONAL **WINNERS** 100 - James Grell, Central Clinton, 11.25 200 - Deshond Robinson, Clinton, 22.32 400 - Jason Banker, Clinton, 51.04

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1600 -	Caleb	Drake.	Pleasant	Valley.	4:22.13
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3200 - Sam McElhiney, Pleasant Valley, 9:40.62

110 hurdles - Jon Rus, North Scott, 14.69

400 hurdles - Jason Banker, Clinton, 57.11

4x100 relay - North Scott 45.03

4x100 relay weightman - Muscatine 50.03

4x200 relay - Prairie 1:31.98

4x400 relay - Central Clinton 3:28.03

4x800 relay - Dubuque Senior 8:12.75

Distance medley - Dubuque Senior 3:44.98

High jump - Will Carr, Clinton, 1.83 meters

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Long jump - Jon Rus, North Scott, 20-11

Shot put - Joseph Weiner, Hempstead, 47-7 1/4

Discus - Joseph Weiner, Hempstead, 150-9

PRAIRIE PLACEWINNERS

Top 8

1st - 4x200 relay 1:31.98

2nd - Demetrius Harper, 100, 11.30

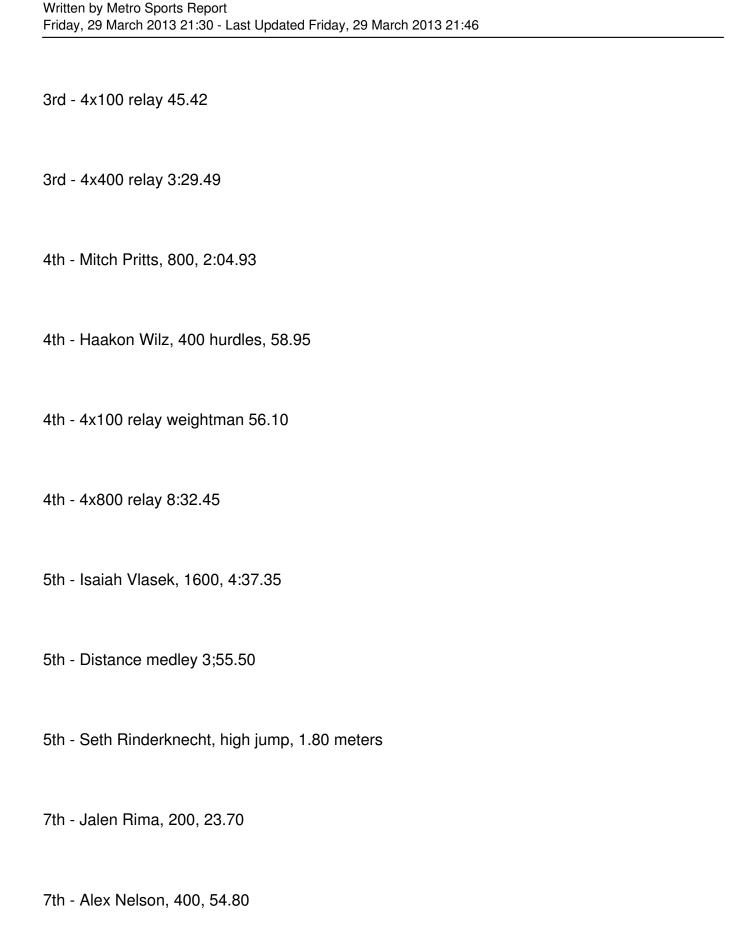
2nd - Haakon Wilz, 110 hurdles, 15.37

2nd - Haakon Wilz, long jump, 20-0 3/4

2nd - Josh Williams, shot put, 45-10

3rd - Jake Moore, 1600, 4:31.80

3rd - Mitch Dellamuth, 110 hurdles, 15.53



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7th - Demetrius Harper, high jump, 1.72 meters