Written by Jim Ecker Wednesday, 04 May 2011 02:15 -

Kyle Dunn is sorry. And he's back, as good as ever.

Dunn returned from a three-meet suspension Tuesday and starred at the Linn-Mar Relays with strong performances in his signature events on a chilly night.

He won the 110 hurdles and 400 hurdles with excellent times, then anchored Linn-Mar's 4x400 relay to victory with a 48.5 second split to finish the night in style.

Dunn, a senior at Linn-Mar and one of the top track athletes in the state, was arrested at 1:57 a.m. on Saturday, April 16 and charged with operating a vehicle while intoxicated and failure to maintain control.

He was suspended for 20 percent of the season, according to school rules, and was not allowed to compete in the prestigious Drake Relays, where he was the defending champion in both hurdles events. Dunn sat in the stands at Drake last week as a spectator, unable to participate and defend his titles.

"It was pretty tough," he said. "Just hearing the announcer call 'Linn-Mar' and knowing I should be out there, it was was really tough. I don't want to experience that ever again."

Dunn expressed remorse for setting a bad example and disappointing the Linn-Mar community, especially younger kids.

"I understand they're probably looking at me and they lost most, if not all, of their respect for me," he said. "But I want everyone to know I'm going to work my butt off to get that back and show everyone that I really care about them and I care about the sport.

"I have a whole new view of racing. A whole new appreciation, really," he said.

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Dunn attributed his arrest to a temporary lapse of judgment.

"The last couple of weeks have definitely been a time for me to mature and work my way back," he said. "Retrospect is always 20-20, but I've got to look back on my mistakes and learn from them."

Dunn practiced with Linn-Mar during his suspension and was in excellent form Tuesday. He won the 110 high hurdles in 14.39 seconds, just a tad behind the 14.32 he ran earlier this season, then blazed through the 400 low hurdles in 51.59, by far the best time in the state this year.

"He's been practicing hard. He's been focusing. And he's determined," Linn-Mar Coach Ken Hopkins remarked.

Dunn has won five major titles during his prep career - three at the state meet and two at the Drake Relays. He forfeited his chance for more glory at Drake this year, but sounds determined to have a strong finish at the Class 4A state meet in Des Moines May 19-21.

"I have to show everyone that I can still run and that I have a strong character," he said.

Dunn has signed with the University of Arkansas, and Arkansas Coach Chris Bucknam has said Dunn's suspension will not affect his status with the Razorbacks.

Dunn won the 400 hurdles at state last year in 51.41 seconds, so his 51.59 Tuesday was just a tick slower. He had been leading the state in the event this year at 52.43 seconds, so he clipped nearly a second off that pace on the new Linn-Mar track.

"I'm feeling right where I need to be," he said. "That race tonight was pretty encouraging about

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my fitness level."

Linn-Mar cruised to the championship of its own Clark Weaver Relays with 167 points with Dunn leading the way. Cedar Rapids Washington placed second in the six-team meet with 125 points. Xavier finished fourth and Prairie was fifth.

Linn-Mar got victories from Jack Halupnik in the shot put (46-10 1/2), Josh Evans in the 3200 (9:40.06) and Matt Simon in the 800 (2:00.15). The Lions also won the 4x800 relay, shuttle hurdle relay and distance medley.

Will Griffin and Alex Carr finished 1-2 in the 200 meter dash for Washington in 22.43 and 22.54 seconds, respectively. Robert Hogg won the 1600 for the Warriors in 4:29.86 and Washington won the 4x100 relay in 43.14.

Xavier collected victories from Alec Clasen in the high jump (6-4) and Jordan Weber in the 400 (52.44).

Prairie senior Sam Joens, fresh off his victory at the Drake Relays, won the discus with a toss of 161 feet, 4 inches.

LINN-MAR CLARK WEAVER RELAYS

Team Standings

1. Linn-Mar 167, 2. Washington 125, 3. Waterloo West 100, 4. Xavier 83, 5. Prairie 55, 6. Waterloo East 21.

High Jump

1. Alec Clasen (CRX) 6-4, 2. Tylor White (WE) 6-2, 3. Wesley Akin (WW) 6-2, 4. Miles Barton (CRW) 5-8, 5. Brandon Ophoff (LM) 5-6.

Long Jump

1. Dequayvious Martin (WW) 21-6 1/2; 2. Colton Sanchez (LM) 20-11 1/4; 3. Robert Hogg (CRW) 20-4 3/4; 4. Sam Joens (CRP) 20-3; 5. Michael Detert (LM) 20-1 1/4; 6. Andrew

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Sodawasser (CRX) 17-7.

Discus

1. Sam Joens (CRP) 161-4; 2. Tre Keller (WW) 147-9; 3. Mac Mahmens (LM) 138-2; 4. Craig Murtha (CRX) 133-3; 5. Colin Hennessy (CRW) 127-2; 6. Andrew Martin (WW) 124-4.

Shot Put

1. Jack Halupnik (LM) 46-10 1/2; 2. Jordan Harrington (WW) 45-4 1/2; 3. Frank Davis (LM) 45-0; 4. Cameron Winters (WE) 44-7; 5. Chase Kleopfer (CRX) 44-4 1/2; 6. Tre Keller (WW) 42-11.

Shot Put Wheelchair

1. Jordan Houdeshell (LM) 14-1 1/2.

3200

1. Josh Evans (LM) 9:40.06; 2. Etienne Nzoyisaba (CRW) 10:04.99; 3. Kyle Read (LM) 10:41.58; 4. Scott Titler (CRP) 10:42.16; 5. Christian Choplick (CRP) 10:45.02; 6. Daniel Pape (CRX) 11:05.48.

4x800 Relay

1. Linn-Mar (Aaron Razo, Nick Gentzler, Duggan Trenary, Jabez Walker) 8:10.40; 2. Waterloo West 8:22.92; 3. Washington (Brenice Ndayizeye, Saromo Mugisha, Laurent Hakizimana, Andrew Mugemangango) 8:49.40; 4. Prairie (Mitchell Christensen, Zach Waite, Conner Neuhaus, Luke Galloway) 8:59.50; 5. Xavier (Patrick Mullin, Jacob Morrow, Collin O'Connell, Nick Robinson) 9:02.71.

Shuttle Hurdle Relay

1. Linn-Mar (Nick Lucas, Colton Sanchez, Brandon Ophoff, Mike Keiser) 58.93; 2. Washington (Drake Hickok, Adam Sailor, Forest Vega, Antonio Johnson) 59.70; 3. Xavier (Justin Fenske, Josh Nelson, David Kirpes, Carter Valentine) 1:01.28; 4. Prairie (Tom Frieden, Solomon Wilharm, Haakon Wilz, Joe Costigan) 1:03.68.

100

1. Tyrell Martin (WW) 11.01; 2. Kristopher Gardner (CRW) 11.13; Haris Nuhanovic (WW) 11.22; 4. Eric Hovda (CRX) 11.35; 5. Aaron Taylor (WE) 11.36; 6. Alonzo Carr (CRW) 11.66.

100 Wheelchair

1. Jordan Houdeshell (LM) 27.08.

400

1. Jordan Weber (CRX) 52.44; 2. Jordan Kremer (LM) 53.00; 3. Brandon Gradoville (CRX) 53.74; 4. Trevor Luebe (CRW) 53.89; 5. Isaah Williams (WW) 54.97; 6. Will Fuhrmann (LM) 55.02.

4x200 Relay

1. Waterloo West 1:31.39; 2. Washington (Alonzo Carr, Kristopher Gardner, David Tann,

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James Hall) 1:34.41; 3. Linn-Mar (Michael Detert, Tommy Feller, Aaron Hunter, Brandon Jeffries) 1:34.66; 4. Prairie (Demetrius Harper, Tristan Beyer, Austin Dellamuth, Josh Rundall) 1:35.28; 5. Xavier (Cal Stovie, Eric Zenisek, Nick Steingreaber, David Kirpes) 1:35.57.

110 Hurdles

1. Kyle Dunn (LM) 14.39; 2. Brandon Ophoff (LM) 14.75; 3. Carter Valentine (CRX) 15.34; 4. Drake Hickok (CRW) 15.37; 5. Justin Fenske (CRX) 16.28; 6. Tom Frieden (CRP) 16.33.

1600

1. Robert Hogg (CRW) 4:29.86; 2. Ben Schueler (CRX) 4:40.79; 3. Etienne Nzoyisaba (CRW) 4:42.83; 4. Keegan Cook (LM) 4:45.23; 5. Tyler Chlystun (LM) 4:49.37; 6. Aaron O'Leary (WW) 4:51.43.

400 Hurdles

1. Kyle Dunn (LM) 51.59; 2. Tom Frieden (CRP) 56.08; 3. Drake Hickok (CRW) 56.27; 4. Aaron Razo (LM) 58.73; 5. Zach Newell (WW) 1:00.11; 6. Jamie Medina (WW) 1:01.39.

200

1. Will Griffin (CRW) 22.43; 2. Alex Carr (CRW) 22.54; 3. Aaron Taylor (WE) 22.98; 4. Demetrius Harper (CRP) 23.59; 5. Jordan Kremer (LM) 23.87; 6. A.J. Worden (CRX) 24.02.

200 Wheelchair

1. Jordan Houdeshell (LM) 53.99.

800

- 1. Matt Simon (LM) 2:00.15; 2. Chase Grabau (LM) 2:00.92; 3. Trevor Luebe (CRW) 2:04.36;
- 4. Robert Hogg (CRW) 2:04.53; 5. Brandon Gradoville (CRX) 2:10.95; 6. Brady Heckenlively (WW) 2:10.96.

Distance Medley

1. Linn-Mar (Aaron Hunter, Tommy Feller, Brandon Ophoff, Nick Gentzler) 3:42.45; 2. Waterloo West 3:44.38; 3. Prairie (Demetrius Harper, Tristan Beyer, Austin Dellamuth, Mitch Pritts) 3:49.50; 4. Xavier (Cal Stovie, Nick Steingreaber, Josh Giles, Nick Robinson) 4:04.08; 5. Washington (Antonio Johnson, James Hall, Kelvin Hootman, Saromo Musha) 4:10.47.

4x100

1. Washington (Alonzo Carr, Will Griffin, Kristopher Gardner, Alex Carr) 43.14; 2. Waterloo West 43.76; 3. Xavier (Nick Ball, Eric Zenisek, Jordan Weber, Eric Hovda) 44.18; 4. Linn-Mar (Michael Detert, Tommy Feller, Aaron Hunter, Jake Luerkens) 44.82; 5. Prairie (Austin Dellamuth, Josh Rundall, Tristan Beyer, Demetrius Harper) 46.03; 6. Waterloo East 46.18.

4x400

1. Linn-Mar (Nick Lucas, Aaron Razo, Jordan Kremer, Kyle Dunn) 3:27.33; 2. Waterloo West 3:33.18; 3. Xavier (Zach Stovie, A.J. Worden, Ben Valentine, Josh Nelson) 3:37.05; 4. Washington (David Tann, Flynn Heald, Nicholas Corbett, Trevor Luebe) 3:38.00; 5. Prairie (Tom Frieden, Jordan Burns, Ryan Smith, Justin Burns) 3:43.78; 6. Waterloo East 3:47.35.

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