

Aune, Dellamuth help lowans win medley

Written by Metro Sports Report
Saturday, 09 June 2012 22:04 -

JOLIET, Ill. -- Cedar Rapids Prairie seniors Jacob Aune and Austin Dellamuth helped Team Iowa win the 1600 medley at the Senior All-Star Spotlight Meet Saturday at Joliet Memorial Stadium.

The meet featured teams from Iowa, Wisconsin and Illinois in competition against each other.

The lowans won the medley in 3 minutes, 26 seconds. Dellamuth ran his 200 leg in 22.5 seconds and Aune ran the 800 in 1:52, a personal best.

Dellamuth and Aune also helped Iowa place second in the 4x400 relay in 3:19. Both Prairie runners had 49-second splits on their 400 legs.