Prairie's Sprengeler to play at UND

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Cedar Rapids Prairie's Megan Sprengeler has committed to play volleyball next season at the University of North Dakota.

Sprengeler, a 5-foot-11 outside hitter/defensive specialist, was an honorable mention all-Metro selection and a team captain for the Hawks.

"Megan's upside is tremendous," said UND Coach Mark Prior in a press release. "Megan was a six-rotation player in high school, but she will move into a more defensive role here."