

Reagan Gorman stands out in a crowd of runners, but not because of her physical stature.

It's her talent, not her size.

"I'm 5-2," the Cedar Rapids Washington freshman said Saturday morning with a shy smile, "and I weigh about 85 or 90."

Good things come in small packages.

Gorman made a quick name for herself Saturday by finishing in second place out of 127 runners at the 31st Prairie Invitational cross country meet.

Iowa City West junior Gabby Skopec won the 5K race in 19 minutes, 26 seconds. Gorman placed second in 19:38 and Marion senior Maddie Bach took third in 19:43.

Written by Jim Ecker Saturday, 29 August 2015 12:52 - Last Updated Saturday, 29 August 2015 17:58 lowa high school girls are running five kilometers for cross country races this year instead of the traditional 4K, making their events the same length as the boys. "I like it," said Gorman. "I'm not very good at sprints, so it's nice." She plans to run the 1500 and 3000 during the track season this spring. "I don't like the 800," she said. "Nothing short." Gorman's older sister, Shannon, was a good distance runner for Washington a few years ago,

but it appears Reagan might be able to surpass her accomplishments based on Saturday's performance.

Gorman was a major factor in middle school races before bursting onto the high school scene Saturday.

"The middle school races went well," she said. "In track I won all of the races I did. And in cross country I won most of them."

Bach, the third-place finisher Saturday, also welcomed the longer distance this season.

"I love it," she said. "I've been training 50 to 60 miles a week every single year and it's finally paying off. I'm so happy it's a 5K now.

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"I never really was an 800 runner or even a miler," she said. "I've been running 5K's since I was nine. I always, always liked the longer distance."

Bach hopes to compete for the Class 3A state title this year in lowa's second-largest class.

"That's the plan," she said. "It might be far-fetched, but I have big goals."

lowa City West edged Waukee for the girls title, 63-76. Linn-Mar finished third.

Cedar Falls trimmed Prairie, 36-45, for the boys championship. Cedar Falls is ranked No.2 in Class 4A and Prairie is ranked No.1, but the Tigers won their first showdown of the season.

Sam Schillinger of Cedar Falls won the race in 16 minutes, 8 seconds. Tysen VanDraska of Prairie finished third in 16:28.

GIRLS RESULTS

Team Standings

1. Iowa City West 63, 2. Waukee 76, 3. Linn-Mar 140, 4. Fort Madison 156, 5. Cedar Falls 170, 6. Monticello 175, 7. Marion 240, 8. Pella 247, 9.

Kennedy 249, 10. Southeast Polk 271, 11. Washington 302, 12. (tie) Mount Vernon/Lisbon 310, Cascade 310, 14. Prairie 321, 15. Xavier 367, 16. Solon

381, 17. Anamosa 422, 18. Davenport West 462.

Overall Top 10 5K

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1.	Gabby Skopec, IC West	19:26
2.	Reagan Gorman, Washington	19:38
3.	Madison Bach, Marion	19:43
4.	Rachel Brush, Waukee	19:55
5.	Hannah Fesselman, Kennedy	19:58
6.	Tia Saunders, IC West	20:02
7.	Sierra Mitchell, SE Polk	20:07
8.	Sierra Howardson, Fort Madiso	on 20:16
9.	Morgan Garcia, Linn-Mar	20:17
10	. Lily Campbell, Waukee	20:18



LINN-MAR: 9. Morgan Garcia 20:17, 22. Amber Decker 20:54, 32. Deanna Newhouse 21:03, 34. Maddie Mann 21:05, 43. Rachel Bohnenkamp 21:30, 49. Maddy Genskow 21:40, 56. Bryce Jones 21:58.

KENNEDY: 5. Hannah Fesselman 19:58, 11. Grace Walker 20:22, 72. Alli Meyer 22:36, 75. Hannah Peterson 22:52, 86. Emily Manders 23:26, 90. Laura Feld 23:45.

WASHINGTON: 2. Reagan Gorman 19:38, 52. Sarah Altemeier 21:48, 59. Brett Visser 22:03, 81. Serena Eck 23:08, 108. Ashley Hageman 24:49, 109. Sierra Sheets 24:58, 118. Olivia Kennedy 26:02.

PRAIRIE: 16. Hannah Frazee 20:34, 53. Cayla Renwick 21:50, 62. Victoria Enyart 22:09, 88.

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Vale Caro 23:39, 102. Meghan Brune 24:16, 107. Ashley Grady 24:43, 113. Jordan Sanders 25:20.

MARION: 3. Madison Bach 19:43, 42. Andrea Ertz 21:29, 45. Hallie Kephart 21:31, 70. Avery Manderscheid 22:32, 80. Ellie Conzett 23:05, 82. Kelsi Huhndorf 23:08, 100. Jessica Ertz 23:54.

XAVIER: 36. Jenny Dickes 21:17, 77. Megan Lenss 22:54, 79. Lydia Brown 23:01, 83. Kiana Stanek 23:10, 92. Annie Sigmon 23:47, 99. Faith Satern 23:54, 103. Alaina Marti 24:21.

BOYS RESULTS

Team Standings

- 1. Cedar Falls 36, 2. Prairie 45, 3. Waukee 68, 4. Iowa City West 152, 5. Mount Vernon/Lisbon 177, 6. Pella 198, 7. Linn-Mar 218, 8. Washington 221,
- 9. Monticello 224, 10. Marion 278, 11. Kennedy 279, 12. Xavier 318, 13. Mason City 322, 14. Davenport West 384, 15. Fort Madison 391, 16. Anamosa 434, 17. Cascade 475, 18. Solon 484.

Top 10 Individuls 5K

1. Sam Schillinger, Cedar Falls	16:08
2. Isaac Smith, Cedar Falls	16:15
3. Tysen VanDraska, Prairie	16:28
4. Ethan Smith, Cedar Falls	16:33
5. Kevin Kato, Waukee	16:43
6. Jake Moore, Prairie	16:43
7. Nick Feeley, Iowa City West	16:43
8. Matt Lorenz, Prairie	16:47

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9. Jake Hartman, Cedar Falls10. Chris Oehlert, Prairie16:52

PRAIRIE: 3. Tysen VanDraska 16:28, 6. Jake Moore 16:43, 8. Matt Lorenz 16:47, 10. Chris Oehlert 16:52, 18. Cam Steffens 17:09, 19. Levi Lefebure 17:11, 76. Hunter Gearhart 18:58.

LINN-MAR: 25. Grant Chlystun 17:36, 41. Johnny Clymer 18:03, 44. Kyle Gansen 18:13, 47. Carter Lorenz 18:14, 61. Chase Fisher 18:28, 65. Preston Stecklein 18:39.

WASHINGTON: 26. Finbar Berry 17:41, 33. Samuel Eck 17:48, 38. Ian Hoover-Grinde 17:55, 57. Sam McDermott 18:24, 67. Patrick Gorman 18:41, 83. Ian Klopfenstein 19:13, 112. Connor Jacobmeyer 21:00.

MARION: 12. Jeremy Fopma 16:56, 21. Myles Bach 17:25, 69. Bryce Valvoda 18:49, 85. Nate Schmidt 19:18, 91. Jacob Manderscheid 19:34, 100. Salem Snoop 19:52, 102. Mason Daubs 20:11.

KENNEDY: 29. Reece Linder 17:44, 43. Andrew Solsrud 18:10, 58. Derek Girling 18:24, 74, Jackson Middlekauff 18:57, 75. Riley Patton 18:57.

XAVIER: 23. Steven Culpepper 17:34, 27. Jonathan Francois 17:43 82. Nicholas Lyon 19:112, 89. Jonah Scallon 19:24, 97. Mahlon Steepleton 19:44, 111. Sam Rohret 20:42, 115. Jacob Salter 21:18.