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Emily Nelson captured two individual titles and swam on two victorious relay teams Thursday night as the Washington Warriors defeated Marshalltown, 107-78, in a dual meet at Washington. Nelson claimed the 200 free and 500

free. She also swam on the 200 freestyle relay and 400 freestyle relay.

WASHINGTON 107, MARSHALLTOWN 78

200 medley relay - Marshalltown 1:58.89

200 free - Emily Nelson, Washington, 2:08.62

200 IM - Hannah Williams, Washington, 2:30.85

50 free - Lauren Havertape, Washington, 26.23

Diving - Amara Taylor, Washington, 170.40

100 fly - Logan Eckhardt, Washington, 1:05.74

100 free - Zoe Beals, Marshalltown, 58.27

500 free - Emily Nelson, Washington, 5:49.06

200 free relay - Washington (Logan Eckhardt, Lucy Ernst, Lauren Havertape, Emily Nelson) 1:46.69

100 back - Kaitlyn Nemickas, Washington, 1:06.23

100 breast - Caitlin Sievers, Washington, 1:11.42

400 free relay - Washington (Emily Nelson, Lucy Ernst, Delaney Thoma, Alyssa Harris) 4:00.59