

## Warriors win 4x200 relay at Loras

Written by Metro Sports Report  
Saturday, 13 April 2013 23:56 -

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DUBUQUE - Cedar Rapids Washington won the 4x200 relay at the Bob Varley Invitational track meet at Loras College Saturday.

Mitch Bredeson, Jason Oney, Alex Herzog and Nick Corbett ran the race in 1:31.89.

The Warriors finished fifth out of 11 teams in the standings. Dubuque Hempstead won the title.

### BOB VARLEY INVITATIONAL

At Loras College

#### TEAM STANDINGS

1. Hempstead 101, 2. Monticello 99, 3. DeWitt Clinton 89, 4. Iowa City High 86, 5. Washington 85, 6. Western Dubuque 61, 7. Wahlert 58, 8. Dubuque Senior 53, 9. Dyersville Beckman 41, 10. Muscatine 19, 11. Charles City 6.

#### WINNERS

100 - Jake Shoultz, Muscatine, 11.31

200 - Jake Feldpausch, DeWitt, 22.98

400 - Remington Meggers, DeWitt, 54.01

800 - Traore Mohamed, IC High, 1:57.81

1600 - Ben Ahlrichs, Monticello, 4:35.79

3200 - Brook Price, IC High, 9:45.82

110 hurdles - Matt Goedken, Wahlert, 15.18

4x100 relay - Iowa City High 44.25

4x200 relay - Washington (Mitch Bredeson, Jason Oney, Alex Herzog, Nick Corbett) 1:31.89

4x400 relay - Monticello 3:27.69

4x800 relay - Dubuque Senior 8:19.40

Distance medley - Iowa City High 3:36.67

Shuttle hurdle relay - Beckman 1:01.02

High jump - Cody Jamison, Monticello, 6-6

Long jump - Bryson Runge, IC High, 20-1 1/4

Shot put - Joe Weiner, Hempstead, 49-2

Discus - Joe Weiner, Hempstead, 167-11

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### WASHINGTON PLACEWINNERS

#### Top 3

1st - 4x200 relay 1:31.89

2nd - Trevor Luebe, 800, 1:58.89

2nd - Zach Gillis, shot put, 46-1

3rd - Tavion Stewart, 110 hurdles, 16.57

3rd - Royal Silver, shot put, 44-7 3/4