

Jenks wins 3 titles at Valley meet

Written by Metro Sports Report
Thursday, 08 May 2014 20:06 -

Linn-Mar sophomore Stephanie Jenks captured the 800, 1500 and 3000 meter runs by comfortable margins at the MVC Valley Division girls track meet at Kingston Stadium Thursday.

Jenks won the 800 by more than 11 seconds, the 1500 by more than 13 seconds and the 3000 by more than 24 seconds.

Wahlert edged Linn-Mar for the team title, 154-127.5.

Rachel Perry of Linn-Mar sped to victory in the 400 in 58.93 seconds. The Lions also won the 4x800 relay with Maddie Saville, Ally Hicks, Hanna Saville and Morgan Garcia.

Prairie finished fourth in the team standings. Kenzie Soeken won the high jump, Halle Lueck took the long jump and the Hawks won the sprint medley with Hailee Montgomery, Alexa Martin, Soeken and Hannah Grimm.

Washington won two events and finished in fifth place. Kadejah Sanders took the 100 meter dash and Amara Taylor claimed the 400 hurdles.

Team Standings

1. Wahlert 154, 2. Linn-Mar 127.5, 3. Cedar Falls 101, 4. Prairie 94, 5. Washington 70, 6. Waterloo West 30, 7. Xavier 10.5.

Winners

100 - Kadejah Sanders, Washington, 13.02

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200 - Laura Sherman, Wahlert, 26.64

400 - Rachel Perry, Linn-Mar, 58.93

800 - Stephanie Jenks, Linn-Mar, 2:14.28

1500 - Stephanie Jenks, Linn-Mar, 4:54.84

3000 - Stephanie Jenks, Linn-Mar, 11:01.10

100 hurdles - Elizabeth Welu, Wahlert, 15.65

400 hurdles - Amara Taylor, Washington, 1:07.29

4x100 relay - Wahlert 50.37

4x200 relay - Cedar Falls 1:48.15

4x400 relay - Wahlert 4:02.25

4x800 relay - Linn-Mar (Maddie Saville, Ally Hicks, Hanna Saville, Morgan Garcia) 9:58.26

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Sprint medley - Prairie (Hailee Montgomery, Alexa Martin, Kenzie Soeken, Hannah Grimm)
1:51.76

Distance medley - Wahlert 4:17.49

Shuttle hurdle relay - Wahlert 1:08.50

High jump - Kenzie Soeken, Prairie, 5-0

Long jump - Halle Lueck, Prairie, 17-5

Shot put - Blaire Thomas, Waterloo West, 40-0.5

Discus - Maddie Nilles, Wahlert, 134-8

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