Lions, Saints climb in volleyball poll

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The Linn-Mar Lions and Xavier Saints both climbed a notch in the IGHSAU volleyball rankings Thursday.

Linn-Mar jumped from No.7 to No.6 in the Class 5A rankings. Xavier went from No.11 to No.10 in the Class 4A poll.

The Marion Indians remained the highest-ranked team in the Metro area with the No.3 spot in the Class 4A poll.

Kennedy, which was ranked 10th last week in Class 5A, dropped out of the ratings this week.

CLASS 4A

1. Harlan (11-1), 2. West Delaware (10-0), 3. Marion (6-1), 4. Le Mars (4-0), 5. Sioux City Heelan (5-5), 6. Indianola (8-4), 7. Charles City (12-2), 8. Clear Creek-Amana (5-3), 9. Lewis Central (5-4), 10. Xavier (5-3), 11. ADM (14-5), 12. Carroll (2-1), 13. Waverly-Shell Rock (7-6), 14. Boone (5-2), 15. DeWitt Central (8-3).

CLASS 5A

1. Ankeny Centennial (12-0), 2. Dowling (11-1), 3. Bettendorf (6-0), 4. Johnston (7-1), 5. Ankeny (4-2), 6. Linn-Mar (6-1), 7. Southeast Polk (15-1), 8. Iowa City High (5-1), 9. Council Bluffs Lincoln (7-6), 10. West Des Moines Valley (11-3).