

Trcka, Healy rule on the lanes

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Xavier sophomore Tara Trcka, who won the Class 1A state bowling title Thursday, has been named the Metro's female bowler of the year and Jefferson senior Dan Healy is the male bowler of the year. Read about the All-Metro bowling team [here](#) .

Both bowlers also were honored by the Mississippi Valley Conference.

Trcka was named the Valley Division female bowler of the year. She and Jefferson junior Courtney Moore were unanimous all-conference selections. Read about the girls MVC bowling teams [here](#) .

Healy was the Valley Division male bowler of the year. He was joined on the first team by Michael Kilts. Linn-Mar had three bowlers on the Mississippi Division first team. Read about the boys MVC bowling teams [here](#) .