

Coaches pick Stokes, Dawson 1st team all state

Written by Metro Sports Report

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Kiah Stokes from Linn-Mar and Tia Dawson from Washington have been named to the Class 4A first team all-state girls basketball team announced Monday by the Iowa Girls Coaches Association (IGCA).

Stokes and Dawson led their respective teams to the state tournament. Stokes' team lost in the semifinals, Dawson's in the first round.

Stokes led the state in scoring with a 25.0 average, and was second in rebounding (14.9) and blocked shots (141). She set the career state record for blocked shots with 515. Stokes is a top candidate for the Miss Basketball Award that will be announced Tuesday. She also has signed to play college basketball at two-time defending NCAA champion Connecticut.

Dawson saved her best game for last. She scored 27 points and grabbed 14 rebounds in the Warriors' 67-58 first round tournament loss to Iowa City West. She averaged 12 points, 10 rebounds and blocked 91 shots. Dawson is bound for Dartmouth.

State champion Des Moines East had two members of the first team -- Markisha Wright and Shrona Butts. Virginia Johnson of Iowa City High and Ally Disterhoft of Iowa City West, Sioux City North's Brittnei Donaldson and Southeast Polk's Caitlin Ingle also were named to the first team.

Des Moines East's Sam Powell was named coach of the Year. The Scarlets finished 26-0.

IGCA ALL-STATE TEAMS

Class 4A

First Team

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Kiah Stokes, Linn-Mar
Shronda Butts, Des Moines East
Virginia Johnson, Iowa City High
Markisha Wright, Des Moines East
Brittini Donaldson, Sioux City North
Caitlin Ingle, Southeast Polk
Ally Disterhoft, Iowa City West
Tia Dawson, Cedar Rapids Washington

Second Team

Maddie Manning, Ankeny
Jayden Spencer, Waterloo West
Jadda Buckley, Mason City
Kiley Simmons, Lewis Central, Council Bluffs
Stacy Clark, Pleasant Valley
Nijay Gaines, Des Moines East
Whitney Van Wyk, Southeast Polk
Mckenzie Piper, Iowa City West

Third Team

Maggie McClland, Valley, West Des Moines
Jordan Johnston, Waterloo West
Laura Brewer, Waukee
Lizzy Stachon, Dowling Catholic, West Des Moines
Sharnae Lamar, Des Moines East
Jordan Gillenwater, Council Bluffs Abraham Lincoln
Summer Gordon, Sioux City North
Megan Hayes, Bettendorf

4A Coach of the Year – Sam Powell, Des Moines East

[Class 1A, 2A, 3A, 4A teams in pdf](#)