



Cedar Rapids Washington senior MJ Kamin is the winner of the Metro Spotlight Award for high school girls this week, the Metro Sports Report announced Sunday.

Kamin, a versatile athlete and one of the top golfers in lowa, has accepted an offer to join the lowa State golf program next season. She finished sixth at the Class 5A state meet last year at Lake Panorama and placed second at the regional meet at Gardner Golf Course.

Kamin also is a member of the cross country, basketball and soccer teams at Washington.

Here is our Question-&-Answer session with MJ Kamin:

MSR: What is your favorite individual highlight in sports?

MJ: Qualifying for the state golf tournament my sophomore and junior year. During the regional meet of my sophomore year, I really didn't know what to expect. It was great to make it to the tournament. My junior year I battled back after a very tough front nine to qualify, which I was really proud of.

MSR: What is your favorite team highlight in sports?

MJ: Last year during basketball season when we beat Prairie, at Prairie, on a buzzer-beater.

Kamin wins Metro Spotlight Award

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Dani Franklin made a 3-pointer from way off the line to end the game and then we all chased her around the court. It was awesome.

MSR: Who has had the biggest influence on your sports career?

MJ: My dad. He never urged me to play any specific sport - but supported me in every decision I made. He was the first one to introduce me to the game of golf and still is the person I play a round with every weekend.

MSR: What are your future goals in sports?

MJ: Next year I will attend Iowa State University and join their women's golf team. I am excited for the opportunity to improve my game by playing at such a high level.

MSR: What are your favorite classes in school?

MJ: I enjoy both math and science in school. I'm an analytical person and especially in the last few years I have really enjoyed my math classes at Wash. I plan on majoring in engineering at love State because I love math and science.

MSR: What has been your favorite community service project?

MJ: I always seem to do service projects with my teams. My cross country team volunteers to help with the Pigman Triathlon every summer before our season starts. My basketball team has also delivered gifts during the holidays to nursing homes.