

Lizarraga wins Metro Spotlight Award

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Cedar Rapids Kennedy junior Sammy Lizarraga is the winner of the Metro Spotlight Award for high school boys this week, the Metro Sports Report announced Sunday.

Lizarraga has helped the third-ranked Kennedy baseball team (31-6) reach the Class 4A state tournament as a pitcher, catcher and hitter.

He has a perfect 7-0 record on the mound with a 1.45 ERA, including a team-high 53 strikeouts in 58 innings pitched. He is hitting .299 with two home runs and a team-best 34 RBIs in 36 games.

In addition to his pitching and hitting, Lizarraga is recognized as one of the top defensive catchers in the Mississippi Valley Conference with a good glove and strong arm.

Lizarraga has been named first team All-District by the Iowa High School Baseball Coaches Association.

Kennedy will face Southeast Polk in the opening round of the state tournament Wednesday at 8 p.m. at Principal Park in Des Moines.