Frank Lindwall wins Metro Spotlight Award

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Cedar Rapids Washington sophomore Frank Lindwall is the winner of the Metro Spotlight Award for high school boys this week, the Metro Sports Report announced Sunday.

Lindwall has blossomed into one of the top golfers in the state this year despite being only a 10th grader. He ranks fifth in Class 4A with a 36.6 average for nine holes and is averaging 72.67 strokes for 18 holes.

Lindwall took medalist honors at the Blue Top Ridge Invitational in Riverside this past Tuesday with a 1-under-par 71.

He finished second at the Mississippi Valley Conference Super Meet on Tuesday, Aug. 14 with a 3-under 69 at Gates Park in Waterloo. He placed ninth at the Linn-Mar Invitational at Hunters Ridge last Monday with a 6-over 78.

Lindwall has dramatically improved his stroke average this season. He averaged 40.32 strokes for nine holes and 79.20 strokes for 18 holes last season as a freshman.

Lindwall tied for 10th at the Class 4A state meet last fall with a 36-hole total of 80-80=160.

The Metro Spotlight Award for high school girls will resume next Sunday.