

#### 4 Kohawks honored by Iowa Conference

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Coe swimmer Ayaka Okamoto has been named the Female Athlete of the Week in the Iowa Conference.

Okamoto, a freshman from Tokyo, won five events for the Kohawks in two meets last week. She set school records in the 100 backstroke and 200 backstroke.

Farai Sewera was named the Wrestling Performer of the Week for winning the 165-pound title at the Luther Open Saturday. He dominated all five of his matches with two pins, a technical fall and two major decisions.

Brandon Abbas was named the Special Teams Performer of the Week in football. He was 7-for-7 on PATs and booted a career-best 42 yard field goal in a 52-14 victory over Buena Vista.

Collin Flynn was honored as the Performer of the Week in men's swimming. He won four events for the Kohawks last week.