

Lions 3rd, Kennedy 4th in loaded Cougar meet

Written by Jake Koolbeck

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The Cougar Invitational featured five of the top 13 girls swimming teams in the state, and it was Cedar Falls that showed why it is top-ranked Saturday at the Kennedy pool.

Cedar Falls cruised to first place with 580 points and fifth-ranked Johnston easily took second with 470 points in a star-studded field of teams and individuals.

The real fun came from two Metro teams. No. 7 Linn-Mar and No. 9 Kennedy battled for third throughout the day. Linn-Mar had a 12-point lead going into the final event of the day, the 400 freestyle relay. Despite finishing fifth in the event, the Lions were able to hang onto third place by two points over the Cougars, who finished third in the relay.

The teams gave an indication of how close it would be when Linn-Mar took second to Kennedy's third in the first event of the day, the 200 medley relay.

The event was one of three top three finishes for Kennedy senior Lexi Scharmer, who got the only individual win for a Metro individual by besting teammate Jordan Muir in the 100 butterfly. Scharmer anchored an intense 400 freestyle relay to close out the day.

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Artist	Album	Year	Genre	Label	Score
Black Sabbath	Black Sabbath	1970	Rock	Mercury	9.5
Black Sabbath	Paranoid	1970	Rock	Mercury	9.5
Black Sabbath	Master of Reality	1971	Rock	Mercury	9.5
Black Sabbath	Vulgar Variations	1973	Rock	Mercury	9.5
Black Sabbath	Sabbath Bloody Sabbath	1973	Rock	Mercury	9.5
Black Sabbath	Technical Ecstasy	1976	Rock	Mercury	9.5
Black Sabbath	Iron Man	1980	Rock	Mercury	9.5
Black Sabbath	War Pigs	1980	Rock	Mercury	9.5
Black Sabbath	Never Satisfied	1981	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1982	Rock	Mercury	9.5
Black Sabbath	13	1983	Rock	Mercury	9.5
Black Sabbath	Live Through This	1984	Rock	Mercury	9.5
Black Sabbath	Reckless	1985	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1986	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1987	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1988	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1989	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1990	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1991	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1992	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1993	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1994	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1995	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1996	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1997	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1998	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	1999	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2000	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2001	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2002	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2003	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2004	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2005	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2006	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2007	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2008	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2009	Rock	Mercury	9.5
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Black Sabbath	Black Sabbath	2012	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2013	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2014	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2015	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2016	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2017	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2018	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2019	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2020	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2021	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2022	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2023	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2024	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2025	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2026	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2027	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2028	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2029	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2030	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2031	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2032	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2033	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2034	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2035	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2036	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2037	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2038	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2039	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2040	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2041	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2042	Rock	Mercury	9.5
Black Sabbath	Black Sabbath	2043			