

Linn-Mar moved up one spot to No. 5 in this week's Associated Press Class 4A prep football poll.

The Lions bumped up a spot after previous No. 5 West Des Moines Dowling was beaten by Southeast Polk, 27-9, Friday night. It was the second loss of the season for Dowling, which started the season ranked No. 1. The Maroons also lost star wide receiver Amara Darboh to a separated shoulder

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Linn-Mar (5-0) hosts Dubuque Senior (1-4) Friday night.

Cedar Falls, Iowa City High, West Des Moines Valley and Ankeny remain the top four ranked teams in Class 4A. Iowa City High (5-0) hosts Cedar Rapids Washington (3-2) Friday at Bates Field.

lowa City West (4-1) moved back into the rankings at No. 9. The Trojans walloped Cedar Rapids Jefferson 63-14 Friday night. They host Cedar Rapids Xavier (3-2) Friday night.

Clear Lake, Iowa City Regina, Council Bluffs St. Albert, LeMars Gehlen and Armstrong-Ringsted are still top ranked in their respective classes.

AP FOOTBALL POLLS (First-place votes in parentheses)

CLASS 4A

Linn-Mar up to No. 5 in grid poll

Written by Metro Sports Report

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- 1. Cedar Falls (10), 5-0
- 2. Iowa City High (4), 5-0
- 3. WDM Valley (1), 5-0
- 4. Ankeny (1), 6-0
- 5. Linn-Mar, 5-0
- 6. Davenport Assumption, 5-0
- 7. Southeast Polk, 5-0
- 8. Bettendorf, 4-1
- 9. Iowa City West, 4-1
- 10. WDM Dowling, 4-2

Others receiving votes: Marshalltown, DM Lincoln, North Scott, Muscatine, CR Xavier

CLASS 3A

- 1. Clear Lake (12), 5-0
- 2. Webster City (3), 5-0
- 3. Boyden-Hull/Rock Valley, 5-0
- 4. Carroll, 5-0
- 5. Waverly-Shell Rock, 5-0
- 6. Solon, 4-1
- 7. ADM, 5-0
- 8. SC Heelan, 4-1
- 9. Carlisle, 5-0
- 10. Decorah, 4-1

Others receiving votes: Denison-Schleswig, Union, West Delaware, Newton, Maquoketa, Fairfield, Grinnell, Pella

CLASS 2A

- 1. Iowa City Regina (12), 5-0
- 2. West Marshall (3), 5-0
- 3. Spirit Lake, 6-0
- 4. Fort Dodge St. Edmond, 5-0
- 5. Mediapolis, 5-0
- 6. Osage, 5-0
- 7. PCM, 5-0
- 8. North Fayette, 4-1
- 9. Carroll Kuemper, 4-1
- 10. Dyersville Beckman, 4-1

Others receiving votes: South Central Calhoun, South Winneshiek, Pella Christian

CLASS 1A

- 1. CB St. Albert (8), 5-0
- 2. Emmetsburg (7), 5-0
- 3. Woodward-Granger, 5-0
- 4. Logan-Magnolia, 5-0
- 5. Dike-New Hartford, 5-0
- 6. Aplington-Parkersburg, 4-1

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- 7. Lawton-Bronson, 5-0
- 8. Panorama, 5-0
- 9. North Cedar, 5-0
- 10. Wapsie Valley, 5-0

Others receiving votes: West Lyon, Starmont, Alburnett, AGWSR, Maquoketa Valley, Saint Ansgar

CLASS A

- 1. LeMars Gehlen (11), 5-0
- 2. North Tama (2), 5-0
- 3. Lisbon (2), 5-0
- 4. Lone Tree, 5-0
- 5. Postville, 5-0
- 6. West Hancock, 4-1
- 7. Bedford, 6-0
- 8. Mason City Newman, 5-1
- 9. BGM, 4-1
- 10. Akron-Westfield, 4-1

Others receiving votes: Lynnville-Sully, WACO, Don Bosco

8-MAN

- 1. Armstrong-Ringsted (14), 6-0
- 2. NE Hamilton, 5-0
- 3. Tabor Fremont-Mills (1), 5-0
- 4. West Bend-Mallard, 5-0
- 5. East Mills, 5-0
- 6. Janesville, 5-0
- 7. Newell-Fonda, 5-0
- 8. Kingsley-Pierson, 5-0
- 9. Preston, 5-1
- 10. Moravia, 5-0

Others receiving votes: Clarksville, Midland, Remsen-Union, Riceville, Adair-Casey, Melcher-Dallas