

If your last name is Breitbach and you compete at Xavier High School (or Regis in days gone by), chances are you're a pretty good athlete.

Say hello to Molly Breitbach, a sophomore on the Xavier track team who is doing her best to uphold the family name.

Breitbach captured the 100 and 200 meter dashes at the 14th Annual Xavier Invitational Friday with some of the fastest times in the Mississippi Valley Conference this season.

She won the 100 in 12.59 seconds, then beat Kaz Brown of Cedar Falls to the tape in a tight 200 in 26.77 seconds. Brown was clocked in 26.79, just two-hundedths of a second behind.

"It feels really good. All the hard work is paying off," Breitbach said after her twin victories.

Breitbach's grandfather is Dick Breitbach, the Hall of Fame coach and former Xavier principal. Her father is John Breitbach, a former Regis athlete, and she's got all sorts of aunts, uncles and cousins who have represented the family.

"There are a lot of them," Molly said proudly. "And some of them were cheerleaders."

Molly's mother, Lora, ran track in high school in Washington (lowa), so she has good genes on both sides of the family.



Xavier Coach Russ Camacho thinks Breitbach has potential, but noted she's just scratching the surface at the beginning of her sophomore campaign.

"I think she has a lot of work to do," Camacho said. "I'm pretty pleased overall with her performance right now. We've got a long way to go.

"I think she has the tools. We have to refine the tools."

Breitbach has big goals this season. "I want to qualify individually for the Drake Relays and for state," she said. "I hope to achieve that."

She said she enjoys carrying the family name, even though it might come with fairly high expectations. "It's good, though, because I really like it," she said.

Cedar Falls dominated the Xavier Invitational by winning 11 of 19 events and compiling 212 points, leaving the four other teams in their tracks. Dubuque Senior nudged Kennedy for second place, 106 to 105. North Scott placed fourth and Xavier was fifth.

Alex Bartz won the high jump for Xavier at 5 feet.

Allison Culver claimed the 3000 meter run for Kennedy in 11:06.51. Aarionna Craig-Dothard won the long jump for the Cougars at 15-11 1/4.

14th Annual Xavier Invitational

Team Standings

1. Cedar Falls 212, 2. Dubuque Senior 106, 3. Kennedy 105, 4. North Scott 80, 5. Xavier 67.

Top 3 Finishers

3000 - 1. Allison Culver (K) 11:06.51, 2. Jane Bradley (DS) 11:38.41, 3. Maddie Kemp (CF) 12:08.05.

4x800 relay - 1. Cedar Falls 9:42.19, 2. Kenendy (Katie Wampole, Jessica Rodman, Megan Terukina, Allyssa Averhoff) 10:06.79, 3. Dubuue Senior 10:24.87.

Shuttle hurdle relay - 1. Dubuque Senior 1:08.66, 2. Cedar Falls 1:13.37, 3. North Scott 1:19.88.

100 - 1. Molly Breitbach (X) 12.59, 2. Madison Hersom (CF) 13.12, 3. Lizie Shimp (CF) 13.40.

Distance medley - 1. Cedar Falls 4:28.77, 2. Dubuque Senior 4:34.86, 3. North Scott 4:38.19.

400 - 1. Natalie Shimp (CF) 1:03.10, 2. Hannah Timmerman (DS) 1:03.15, 3. Adison Long (CF) 1:04.51.

4x200 relay - 1. Cedar Falls 1:47.57, 2. Kennedy (McKenzie Drahn, Breyanna Cooper, Jasmine Raue, Aarionna Craig-Dothard) 1:49.39, 3. Dubuque Senior 1:49.83.

100 hurdles - 1. Sammie Osterberger (DS) 16.65, 2. Alexus Rogers (K) 17.39, 3. Kylie Hovanec (CF) 17.45.

800 - 1. Brianna King (CF) 2:19.28; 2. Katie Wampole (K) 2:26.97; 3. Kayla Torson (X) 2:27.27.

200 - 1. Molly Breitbach (X) 26.77; 2. Kaz Brown (CF) 26.79; 3. Nakiah Kimble (DS) 27.57.

400 hurdles - 1. Emily Neff (CF) 1:08.45, 2. Allie Osterberger (DS) 1:10.29, 3. Jamie Becker (CF) 1:12.89.

Sprint medley - 1. Cedar Falls 1:54.16, 2. Kennedy (Breyanna Cooper, Jasmine Raue,

Aarionna Craig-Dothard, Megan Terukina) 1:57.61, 3. Xavier (Taylor Skala, Hannah Rochford, Audrey Richards, Carlie Jurgens) 2:00.58.

1500 - 1. Allison Gregg (CF) 4:55.34, 2. Kayla Torson (X) 5:11.85, 3. Holly Schmitz (CF) 5:12.86.

4x100 relay - 1. Cedar Falls 51.75, 2. Kennedy (McKenzie Drahn, Breyanna Cooper, Jasmine Raue, Aarionna Craig-Dothard) 52.81, 3. Dubuque Senior 53.25.

4x400 relay - 1. Cedar Falls 4:11.28, 2. Dubuque Senior 4:14.93, 3. Xavier (Audrey Richards, Carlie Jurgens, Shelby Christensen, Kayla Torson) 4:22.17.

Long jump - 1. Aarionna Craig-Dothard (K) 15-11 1/4, 2. Melanie Stoss (CF) 15-3 1/2, 3. McKenzie Drahn (K) 14-10 1/4.

High jump - 1. Alex Bartz (X) 5-0, 2. Hannah Riebkes (CF) 4-10, 3. Jessica Bradley (DS) 4-10.

Shot put - 1. Alexis Watts (CF) 32-9 1/4, 2. (tie) Athalie Oladipofaniyi (NS) 30-6, 3. Mollie Bender (NS) 30-6.

Discus - 1. Mollie Bender (NS) 96-3, 2. Allison Griffin (CF0 95-5, 3. Katelynn Rheingans (NS) 92-5.