

## **Beyer tops Corbett in Valley 400**

Written by Jim Ecker

Monday, 06 May 2013 20:16 -

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Tristan Beyer finally beat Nick Corbett in a 400-meter dash Monday.

Now he wants to do it again. And again.

Beyer, a junior from Prairie, and Corbett, a senior from Washington, are two of the top quarter-milers in the state and they clashed Monday in the Mississippi Valley Conference division meet at Kingston Stadium.

Beyer cracked 50 seconds for the first time in his life in an open 400 and won the race in 49.92 seconds. Corbett, who placed second at the Class 4A state meet last year in 49.46 seconds, pulled up near the finish line Monday and finished fourth in a slow (for him) clocking of 50.88 seconds.

Round 1 this year went to Beyer in the Valley Division meet. They'll likely race again Thursday in the state qualifying meet at Linn-Mar and they could meet again at the state meet in Des Moines.

The Metro Sports Report posted an article about their budding rivalry in March, describing Corbett as the frontrunner and Beyer trying to catch up after battling a hamstring injury last year.

"I read that article about him earlier," said Beyer. "I kept that in my locker. That's how I get my motivation to get out and run."

Beyer has battled another hamstring injury this year - it was his left hamstring last year, his right hamstring this year. Corbett has been dealing with a foot ailment, but declined to make excuses.

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"That hasn't stopped me yet," said Corbett. "I just raced poorly on my part.

"Honestly, I feel I'm in better shape than I was last year. I don't know, maybe mentally I'm not ready."

Demetrius Harper of Prairie finished third in the 400-meter dash Monday in 50.59 seconds, so he also finished ahead of Corbett.

"We were hoping we'd be able to race him," Beyer said about his chief rival. "We were hoping we would see him here. Hopefully we'll get him again Thursday."

That's OK with Corbett, who wants to race them again. "Definitely," he said.

Beyer and Harper helped Prairie win the 1600 sprint medley in 3:39.91, with Mitchell Christensen and Mitch Pritts joining them in the event for the Hawks.

Beyer and Harper struck again in the 4x400 relay with Lucas Howes and Jarred Edmonds, the same quartet that won the 4x400 relay at the Drake Relays last month.

The Linn-Mar Lions set a meet record in the 4x100 relay with Perrion Scott, Tristan Freese, Brandon Jeffries and Tim Wolfe clocked in 42.43 seconds. Scott also won the 100 meter dash.

Cedar Falls won seven events and captured the Valley Division title with 152 points. The Prairie Hawks won six events and placed second with 129 points.

Haakon Wilz was a double-champ for Prairie in the 110 high hurdles and 400 low hurdles. Mitch Pritts captured the 3200 meter run for the Hawks.

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Washington won the 4x200 relay.

Linn-Mar junior Josh Evans, who was named the Top High School Male Performer at the Drake Relays, did not compete Monday.

### **MVC VALLEY DIVISION MEET** At Kingston Stadium

#### **TEAM STANDINGS**

1. Cedar Falls 152, 2. Prairie 129, 3. Linn-Mar 84, 4. Washington 73, 5. Waterloo West 61, 6. Xavier 39, 7. Dubuque Wahlert.

#### **HIGH JUMP**

1. Kalund Brown (CF) 6-3, 2. Jared Walker (DW) 6-2, 3. Keegan Cook (L-M) 6-0, 4. Seth Rinderknecht (CRP) 5-10, 5. Zach Newell (WW) 5-10, 6. Matt Hilligas (CRP) 5-8.

#### **LONG JUMP**

1. Dequayvious Martin (WW) 22-2.5, 2. Razadon Taylor (CRW) 21-8.25, 3. Haakon Wilz (CRP) 20-8.25, 4. Kalehl Brown (CF) 20-7.75, 5. Andrew Soresen (CF) 19-7.5, 6. Demetrius Harper (CRP) 19-2.25.

#### **SHOT PUT**

1. Ross Pierschbacher (CF) 51-4.5, 2. Matt Hilligas (CRP) 48-2, 3. Craig Murtha (CRX) 46-9.5, 4. Zac Gillis (CRW) 46-9, 5. Josh Williams (CRP) 46-6, 6. Torey Williams (WW) 45-1.

#### **DISCUS**

1. Randolph Bryan (CF) 167-0.5, 2. Craig Murtha (CRX) 162-7.5, 3. Zac Gillis (CRW) 140-8.5, 4. Michael Lamparek (CRP) 135-4.25, 5. Dylan Draeger (WW) 131-8, 6. Hayden Shea (CF) 129-0.5.

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### **3200 METER RUN**

1. Mitch Pritts (CRP) 9:56.47, 2. Isaiah Vlassek (CRP) 10:02.61, 3. Joe Berry (CRW) 10:17.77, 4. Jacob Schmitt (CRX) 10:22.54, 5. Spencer Van Dorn (CF) 10:31.63, 6. Jack Sannes (CF) 10:33.75.

### **4x800 RELAY**

1. Waterloo West 8:10.48, 2. Prairie 8:19.11, 3. Cedar Falls 8:20.33, 4. Wahlert 8:35.19, 5. Linn-Mar 8:36.89, 6. Xavier 8:44.00.

### **SHUTTLE HURDLE RELAY**

1. Cedar Falls 58.34, 2. Prairie 59.41, 3. Linn-Mar 59.66, 4. Waterloo West 1:03.73, 5. Washington 1:04.89, 6. Wahlert 1:09.15.

### **100 METER WHEELCHAIR**

1. Jon Litzkow (WW) 17.50, 2. Jordan Houdeshell (LM) 18.94.

### **100 METER DASH**

1. Perrion Scott (LM) 10.97, 2. Brandon Jeffries (LM) 11.19, 3. Mitch Bredeson (CRW) 11.31, 4. (tie) Denison Harrington (CF) 11.40, Jamie Medina (WW) 11.40, 6. Andrew Sorensen (CF) 11.49.

### **400 METER WHEELCHAIR**

1. Jon Litzkow (WW) 1:02.14, 2. Jordan Houdeshell (LM) 1:10.37.

### **400 METER DASH**

1. Tristan Beyer (CRP) 49.92, 2. Zach Shippy (CF) 50.57, 3. Demetrius Harper (CRP) 50.59, 4. Nick Corbett (CRW) 50.88, 5. Nick deBuhr (CF) 50.91, 6. Noah Dostal (CRW) 53.27.

### **4x200 METER RELAY**

1. Washington (Antonio Teague, Jason Oney, Mason Taylor, Mitch Bredeson) 1:31.29, 2.

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Cedar Falls 1:32.47, 3. Waterloo West 1:32.57, 4. Prairie 1:33.36, 5. Xavier 1:34.25, 6. Wahlert 1:36.43.

### **110 METER HIGH HURDLES**

1. Haakon Wilz (CRP) 14.94, 2. Mike Keiser (LM) 15.07, 3. Matt Goedken (DW) 15.24, 4. Conner Riehm (CF) 15.39, 5. Matt Fedro (CF) 15.76, 6. Mitch Dellamuth (CRP) 16.07.

### **1600 METER RUN**

1. Jaime Zarate (CF) 4:29.90, 2. Timothy Sevcik (CF) 4:30.58, 3. Jake Moore (CRP) 4:45.70, 4. Jay Halverson (LM) 4:50.57, 5. Michael Mather (LM) 4:52.03, 6. Steven Culpepper (CRX) 4:52.47.

### **200 METER WHEELCHAIR**

1. Jon Litzkow (WW) 31.44, 2. Jordan Houdeshell (LM) 35.32.

### **200 METER DASH**

1. Zach Shippy (CF) 22.74, 2. Nick Corbett (CRW) 23.21, 3. Sam Jamison (CF) 23.42, 4. KeRone Williams (WW) 23.50, 5. Nick Stark (CRX) 23.75, 6. Nick Ekland (CRX) 23.82.

### **400 METER LOW HURDLES**

1. Haakon Wilz (CRP) 56.14, 2. Keegan Cook (LM) 56.94, 3. Ellis McBrayer (LM) 57.97, 4. Nick Clark (CF) 58.00, 5. Noah Clasen (CRX) 58.80, 6. Isaiah Nimmers (CRW) 58.83.

### **1600 METER SPRINT MEDLEY**

1. Prairie (Tristan Beyer, Demetrius Harper, Mitchell Christensen, Mitch Pritts) 3:39.91, 2. Cedar Falls 3:43.86, 3. Waterloo West 3:43.93, 4. Xavier 3:47.99, 5. Linn-Mar 3:50.75, 6. Washington 3:51.10.

### **800 METER RUN**

1. Jared Failor (CF) 2:00.81, 2. Trevor Luebe (CRW) 2:01.11, 3. Greyson Dolezal (LM) 2:05.01, 4. Anthony Ohl (WW) 2:05.85, 5. Dylan Southall (CF) 2:09.38, 6. Luke Galloway (CRP) 2:09.44.

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### **4x100 METER RELAY**

1. Linn-Mar (Perrion Scott, Tristan Freese, Brandon Jeffries, Tim Wolfe) 42.43 (meet record), 2. Waterloo West 43.25, 3. Xavier 44.20, 4. Washington 44.31, 5. Cedar Falls 45.04, 6. Prairie 46.31.

### **4x400 METER RELAY**

1. Prairie (Tristan Beyer, Lucas Howes, Jarred Edmonds, Demetrius Harper) 3:25.83, 2. Cedar Falls 3:26.56, 3. Linn-Mar 3:29.23, 4. Washington 3:29.98, 5. Xavier 3:37.94, 6. Waterloo West 3:38.19.