

Sellers tops all-MVC basketball teams

Written by Metro Sports Report

Wednesday, 24 February 2016 21:48 - Last Updated Wednesday, 24 February 2016 21:53

Lela Sellers of Kennedy has been named the Valley Division Athlete of the Year on the Mississippi Valley Conference all-star basketball teams.

Sellers, who will play college basketball at Liberty University, helped Kennedy compile an 18-5 record and reach the regional finals.

Kennedy Dighton of Jefferson and Amanda Ollinger of Linn-Mar joined Sellers on the first team in the Valley Division, along with Emma Gerdes of Cedar Falls, Kiana Barney of Cedar Falls, Charlotte Flynn of Wahlert and Rachael Saunders of Iowa City West.

Anne Visser of Washigton, McKenna Andersen of Xavier, Olivia Usher of Prairie and Joniqua Clark of Washington were first-team picks in the Mississippi Division. They were joined by Ashley Jones of Iowa City High, Courtney Joens of Iowa City High and Tahya Campbell of Waterloo West.

Ashley Jones was named the Athlete of the Year in the Mississippi Division.

MISSISSIPPI DIVISION

First Team

*Ashley Joens, I.C. High; *Courtney Joens, I.C High; *Anne Visser, Washington; *McKenna Andersen, Xavier; *Olivia Usher Prairie; Tahya Campbell, Waterloo West; Joniqua Clark, Washington.

*unanimous picks

Second Team

Kenya Earl, I.C High; Na'Tracia Ceaser, Waterloo West; Kerris Roberts, Waterloo East; Jayla

Sellers tops all-MVC basketball teams

Written by Metro Sports Report

Wednesday, 24 February 2016 21:48 - Last Updated Wednesday, 24 February 2016 21:53

Johnson, Washington; Lexi Noonan, Xavier; Megan Gronau, Dubuque Hempstead.

Honorable Mention (Metro Only)

Prairie: Lynsey Altenhofen, Sarah Schmitt

Washington: Payton Bruner, Jessi Puk

Xavier: Meghan Joens, Kylie Brown

Player of the Year — Ashley Joens, I.C High

Coach of the Year — Bill McTaggart, I.C. High

VALLEY DIVISION

First Team

*Emma Gerdes, Cedar Falls; *Kennedy Dighton, Jefferson; *Lela Sellers, Kennedy; *Amanda Ollinger, Linn-Mar; Kiana Barney, Cedar Falls; Charlotte Flynn, Dubuque Wahlert; Rachael Saunders, I.C. West.

*unanimous picks

Second Team

Sydney Hayden, Kennedy; Emily Mott, Dubuque Senior; Kamryn Finley, Linn-Mar; Cynthia Wolf, Cedar Falls; Kylie Wise, Jefferson; Hailey Dolphin, Kennedy; Logan Cook, Iowa City West; Maddie Huinker, Iowa City West.

Honorable Mention (Metro only)

Sellers tops all-MVC basketball teams

Written by Metro Sports Report

Wednesday, 24 February 2016 21:48 - Last Updated Wednesday, 24 February 2016 21:53

Jefferson: Avery Guy, Emily Oler

Kennedy: Carly Langhurst, Linden Runels

Linn-Mar: Brittney Lancial, Alie Akers

Player of the Year — Lela Sellers, Kennedy

Coach of the Year — Gregg Groen, Cedar Falls