Written by Metro Sports Report Thursday, 28 March 2013 20:58

MOUNT PLEASANT -- The Cedar Rapids Jefferson J-Hawks broke their own meet record in the 4x100 relay and won five events at the Mount Pleasant Relays on Thursday.

Lucy Schneekloth, Jasmine Blue, Morgan Meese and Rachel Broghammer claimed the 4x100 relay in 49.83 seconds, snapping the old mark set by Jefferson in 2010.

Broghammer also captured the 100-meter dash for the J-Hawks. Taylor Jacobson took the 400 hurdles and Emma Edelen won the discus.

Jefferson also won the distance medley with Maliya Ratliffe, Jessica Ohrnstein, Jasmine Blue and Emma Rolwes.

#### **MOUNT PLEASANT RELAYS**

#### **WINNERS**

3000 - Elizabeth Mallon, Assumption, 10:49.55

4x800 relay - Mount Pleasant 10:06.63

Shuttle hurdle relay - Mount Pleasant 1:08.30

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100 - Rachel Broghammer, Jefferson, 12.99
400 - Diamond Combs, Davenport West,1:02.29
Distance medley - Jefferson (Maliya Rattliffe, Jessica Ohrnstein, Jasmine Blue, Hunter Konigsfeld) 4:28.44
4x200 relay - Assumption 1:45.44
100 hurdles - Leslie Taylor, Mount Pleasant, 15.99
800 - Chloe Haffarnan, Mount Pleasant, 2:24.84
200 - Kattie Redlinger, Mid-Prairie, 27.43
400 hurdles - Taylor Jacobson, Jefferson, 1:08.61
Sprint medley - Jefferson (Jessica Ohrnstein, Abbie Ranschau, Madison Ranschau, Maliya Ratliffe) 2:01.01
1500 - Molly Gilchrist, Assumption, 5:09.70
4x100 relay - Jefferson (Lucy Schneekloth, Jasmine Blue, Morgan Meese, Rachel Broghammer) 49.83

1st - Emma Edelen, discus, 110-6 1/2

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4x400 relay - Assumption 4:16.30
High jump - Sammy Ellingson, Washington (Ia.), 5-2
Long jump - Kelsi Conner, Burlington, 16-11 1/4
Discus - Emma Edelen, Jefferson, 110-6 1/2
Shot put - Mary Wester, Mount Pleasant, 38-10 1/2
JEFFERSON PLACEWINNERS
Top 8
1st - Rachel Broghammer, 100, 12.99
1st - Distance medley 4:28.44
1st - Taylor Jacobson, 400 hurdles, 1:08.61
1st - 4x100 relay 49.83



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6th - Megan Ely, 800, 2:41.85

6th - Brianna Prohaska, high jump, 4-8

8th - Morgan Meese, longjump, 14-5 1/4