Written by Jim Ecker Thursday, 08 October 2015 20:18



WATERLOO - Tysen VanDraska was not happy when he lost to a pair of runners from Cedar Falls at the Cedar Rapids Prairie Invitational back in August at the start of the cross country season.

He did something about it Thursday.

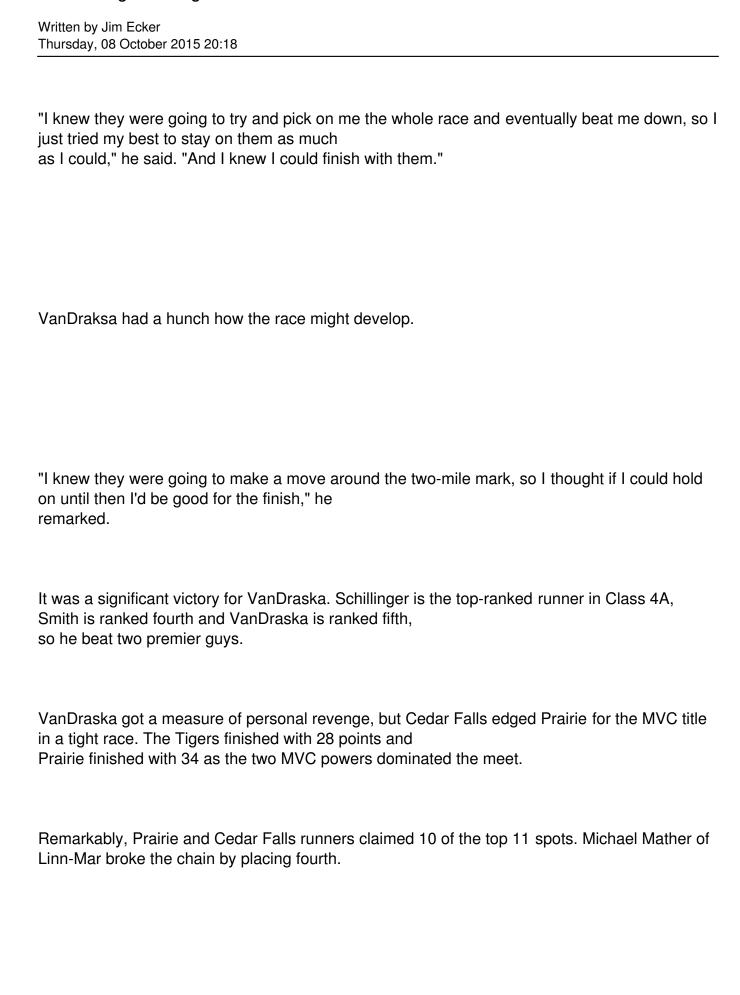
VanDraska used a blistering kick to conquer those same two runners from Cedar Falls and take top honors at the Mississippi Valley Conference Super Meet at Byrnes Park in Waterloo.

Sam Schillinger and Isaac Smith of Cedar Falls pulled away from VanDraska in the final stages of the Prairie Invitational to finish first and second in that race, but this time the Prairie senior was ready for them.

VanDraska sprinted away from the Tigers in the home stretch and won the race in 15 minutes, 46 seconds. He beat Schillinger by four seconds and topped Smith by six seconds.

The three premier distance runners ran neck-and-neck for most of the 5K race before VanDraska took control. It was two-against-one for much of the day in terms of strategy, but VanDraska handled the challenge.

VanDraska gets revenge at MVC meet



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