

Lions crown 6 champs, finish second

Written by Metro Sports Report
Thursday, 07 May 2015 20:55 -

The Linn-Mar boys track team won six events and finished second in the team race Thursday night at the MVC Valley Division meet at Kingston Stadium.

Cedar Falls won the team title with 146 points, 20 better than the Lions. Kennedy was third with 100 points.

Kennedy's Dalles Jacobus shared divisional athlete of the year honors with Cedar Falls' Sam Schilling. Jacobus won the shot put and discus titles.

Linn-Mar got individual wins from Perrion Scott in the 100-meter dash, Dalton Gosch in the 400, Daniel Gorsich in the 110 hurdles and Nick House in the 400 hurdles. The Lions got relay wins in the shuttle hurdle and sprint medley.

Kennedy's other winner was Willie Rhoads in the high jump.

Jefferson took top honors in the 4x200 relay.

TEAM STANDINGS

1. Cedar Falls 146, 2. Linn-Mar 126, 3. Kennedy 100, 4. Iowa City West 62, 5. Dubuque Senior 51, 6. Jefferson 47, 7. Dubuque Wahlert 18.

EVENT RESULTS

Shot put - 1. Dalles Jacobus (K), 53-11; 2. Cameron McInerney (CRJ), 48-9 3/4; 3. Jameel

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Kelley (DS), 48-3.

Discus - 1. Dalles Jacobus (K), 163-10; 2. Jackson Coker (K), 163-3; 3. Lotu Ahomana (LM), 135-6.

Long jump - 1. DeAngelo Jackson (DS), 22-1 1/2; 2. Willie Rhoads (K), 21-8 1/2; 3. Seth Caston (CF), 20-11 1/2.

High jump - 1. Willie Rhoads (CRK), 6-4; 2. Shaun Beyer (K), 5-10; 3. Luke Willenborg (LM), 5-8.

3200 - 1. Sam Schillinger (CF), 9:36.28; 2. Ryan Murphy (LM), 9:42.70; 3. Isaac Smith (CF), 9:44.67.

4x800 relay - 1. Dubuque Wahlert (Kemp, Schaefer, Pape, Meyer), 8:01.80; 2. Iowa City West, 8:03.81; 3. Linn-Mar, 8:06.55.

Shuttle hurdle relay - 1. Linn-Mar (Gorsich, House, Dochterman, Baker), 57.41; 2. Dubuque Senior, 58.99; 3. Cedar Falls, 1:00.03.

4x200 relay - 1. Jefferson (Beaton, Olutunde, Itangishaka, Larson), 1:29.28; 2. Linn-Mar, 1:29.82; 3. Cedar Falls, 1:30.00.

100 - 1. Perrion Scott (LM), 11.37; 2. Denison Harrington (CF), 11.39; 3. Matt Turcotte (CF), 11.69.

400 - 1. Dalton Gosch (LM), 50.39; 2. Josh Jamison (CF), 50.53; 3. TreyShawn LaBeaux (CF), 51.03.

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110 hurdles - 1. Daniel Gorsich (LM), 15.12; 2. Isaiah Barney (CF), 15.50; 3. Shaun Beyer (K), 15.52.

1600 - 1. Sam Schillinger (CF), 4:30.17; 2. Ryan Murphy (LM), 4:33.44; 3. Ali Ali (ICW), 4:34.14.

400 hurdles - 1. Nick House (LM), 54.88; 2. Collin Seymour (DS), 55.46; 3. Nathan Hoy (CF), 55.93.

Sprint medley -1. Linn-Mar (Zimmerman, Freese, A'Hearn, Mather), 3:36.34; 2. Cedar Falls, 3:37.64; 3. Wahlert, 3:42.81

800 - 1. Hunter Lavallee (CF), 1:57.38; 2. Derek Nugent (ICW), 1:58.34; 3. Greyson Dolezal (LM), 1:58.34.

4x100 - 1.Cedar Falls (Eagen, Abbas, Turcotte, Harrington), 43.25; 2. Linn-Mar, 43.38; 3. C.R. Jefferson, 43.79

200 – 1. Wali Parks (ICW), 22.80; 2. Denison Harrington (CF), 22.83; 3. Dan Larson (J), 23.05.

4x400 - 1. Cedar Falls (Jamison, O'Hair, Timmer, LaBeaux), 3:25.10; 2. Kennedy, 3:27.83; 3. Iowa City West, 3:30.20.