

## **Griffin wins shot put for Prairie**

Written by Metro Sports Report

Thursday, 28 March 2013 21:19 - Last Updated Thursday, 28 March 2013 21:28

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MUSCATINE -- Rachel Griffin won the shot put title to help the Cedar Rapids Prairie Hawks finish in third place in the team standings at the Dick Washburn Invitational in Muscatine on Thursday.

Griffin captured the shot put with a heave of 35 feet, 6 inches.

Leslie Harder finished second in the high jump and Alex Malloy placed second in the discus for Prairie. The Hawks also placed second in the 4x100 and 4x200 relays.

Jasmyne Jones placed second in the 100- and 200-meter dash for the Cedar Rapids Washington Warriors. Shannon Gorman took second in the 3000 for the Warriors, who finished in seventh place in the team standings.

Iowa City West trimmed Pleasant Valley for the title.

## **MUSCATINE INVITATIONAL**

### **TEAM STANDINGS**

1. Iowa City West 171, 2. Pleasant Valley 161, 3. Prairie 117, 4. Bettendorf 70, 5. Muscatine 54.5, 6. Hempstead 47.5, 7. Washington 43, 8. Clinton 36.

### **WINNERS**

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100 - Katie Shoultz, Muscatine, 13.06

200 - Alicia Hardin, Iowa City West, 27.58

400 - Tia Saunders, Iowa City West, 1;01.36

800 - Mahnee Watts, Bettendorf, 2:20.37

1500 - McKenzie Yanek, Pleasant Valley, 4:45.87

3000 - Ashlynn Yokom, Iowa City West, 10:27.43

100 hurdles - Anne Leners, Pleasant Valley, 16.01

400 hurdles - Anne Leners, Pleasant Valley, 1:08.05

4x100 relay - Pleasant Valley 52.19

4x200 relay - Pleasant Valley 1:50.80

4x400 relay - Bettendorf 4:15.16

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4x800 relay - Bettendorf 9:38.97

Sprint medley - Bettendorf 1:53.32

Distance medley - Iowa City West 4;26.29

Shuttle hurdle relay - Iowa City West 1:09.41

High jump - Kelli DeGeorge, Pleasant Valley, 5-2

Long jump - McKennan Cronbaugh, IC West, 17-9 1/2

Shot put - Rachel Griffin, Prairie, 35-6

Discus - Chloe Miller, Pleasant Valley, 122-6

## **WASHINGTON PLACEWINNERS**

### **Top 8**

2nd - Jasmyne Jones, 100, 13.28

2nd - Jasmyne Jones, 200, 27.87

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2nd - Shannon Gorman, 3000, 10:58.09

4th - Shannon Gorman, 800, 2:24.79

5th - Sarah Witt, 400, 1:06.74

5th - Sprint medley 2:02.88

6th - Logan Eckhardt, high jump, 4-8

7th - Anne Visser, 400, 1:07.69

8th - Brianna Andrews, shot put, 29-5 3/4

## PRAIRIE PLACEWINNERS

### Top 8

1st - Rachel Griffin, shot put, 35-6

2nd - 4x100 relay 52.61

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2nd - 4x200 1:52.38

2nd - Leslie Harder, high jump, 5-0

2nd - Alex Malloy, discus, 109-0

3rd - Jocelyn Wood, 800, 2:24.03

3rd - Hailee Montgomery, 100 hurdles, 16.89

3rd - Shuttle hurdle relay 1;13.10

3rd - Kenzie Soeken, high jump, 4-10

3rd - Aminah Baloch, long jump, 14-10

3rd - Alex Malloy, shot put, 34-8

4th - Hope Steimel, 400, 1:06.20

4th - Beth Heims, 3000, 11:28.94

4th - Sprint medley 2:01.48

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4th - Distance medley 4:48.74

5th - Aminah Baloch, 100, 13.55

5th - Katie VanDooren, 400 hurdles, 1:15.66

6th - 4x800 relay 11:58.07

7th - Sarah Meyers, 3000, 11:53.73

7th - Kelsey Wenger, 400 hurdles, 1:18.96

7th - Maddie Baetsle, long jump, 13-6

8th - Kiana Jackson, 100, 14.02

8th - Ashli O'Shea, 200, 29.14