

Prairie girls second at divisional meet

Written by Metro Sports Report
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IOWA CITY – Prairie's Hannah Frazee was a double winner, taking the 1500 and 3000-meter runs, leading the Hawks to a second-place finish at the MVC Mississippi Divisional meet Thursday night at Bates Field.

Host City High, led by divisional athlete of the year Sarah Plock, won the team title with 137 points. Prairie finished with 114 points. Washington was fourth with 79 points.

Prairie other event wins came in the shuttle hurdle and sprint medley relays.

Washington's Amara Taylor was a double winner. She took top honors in the 100 and 400 hurdles. The Warriors won the 4x200 and 4x100 relays.

Xavier's Meghan Joens won the discus.

TEAM SANDINGS

1. City High 137, 2. Prairie 114, 3. Hempstead 95.5, 4. Washington 79, 5. Waterloo East 73.5, 6. Waterloo West 49, 7. Xavier 39.

EVENT RESULTS

100 – 1. Allison Trenkamp (WW) 13.06, 2. Mariah Ward (Wash) 13.25, 3. Keunna Moore (WE) 13.39
200 - 1. Shaylynn White (WE) 26.81, 2. Zoey Thune (WW) 26.88, 3. Sarah Plock (ICH) 27.46
400 - 1. Sarah Plock (ICH) 59.04, 2. Zoey Thune (WW) 59.44, 3. Audra Steil (DH) 1:01.43
800 - 1. Molly Shepherd (ICH) 2:23.36, 2. Mary Arch (ICH) 2:25.54, 3. Heather Muntz (DH) 2:27.49

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100 hurdles - 1. Amara Taylor (Wash) 16.35, 2. Morgan Gray (WE) 16.71, 3. Natalie Bohnsack (P) 17.62

1500 - 1. Hannah Frazee (P) 5:05.20, 2. Kinsee Brands (ICH) 5:07.00, 3. Casey Nichols (DH) 5:08.57

400 hurdles - 1. Amara Taylor (Wash) 1:08.82, 2. Maddie DePrenger (ICH) 1:10.33, 3. Melissa Galloway (WE) 1:12.19

Discus – 1. Meghan Joens (X) 115-11, 2. Megan Gronau (DH) 106-9, 3. Luci Murphy (ICH) 96-10

High jump - 1. Rose Gamamou (ICH) 5-1, 2. Maddie Baetsle (P) 5-1, 3. Kenzie Soeken (P) 5-0

Long jump - 1. Kitra Bell (WW) 16-6, 2. Vanessa Eniola (Wash) 16-3.5, 3. Morgan Gray (WE) 15-10

Shot put - 1. Megan Gronau (DH) 37-10, 2. Markquitta Soto (P) 35-9, 3. Brooke Nemec (P) 35-9

4x100 relay - 1. Washington (Glover, Ward, Taylor, Johnson) 50.99, 2. Waterloo East 51.69, 3. Xavier 51.73

4x200 relay – 1. Washington (Ward, Glover, Visser, Johnson) 1:48.69, 2. Waterloo East 1:48.91, 3. City High 1:49.04.

4x400 relay - 1. Hempstead (Steil, Meehan, Ohnesorge, Muntz) 4:12.09, 2. City High 4:12.18, 3. Xavier 4:16.57

4x800 relay - 1. Hempstead (Buchheit, Schmitt, Steil, Saddler) 10:05.48, 2. City High 10:18.17, 3. Prairie 10:36.64

Shuttle hurdle relay - 1. Prairie (Smith, Flickinger, Bohnsack, VanDooren) 1:11.36, 2. Washington 1:12.34, 3. Waterloo East 1:12.39

Sprint medley - 1. Prairie (VanDooren, Ross, Soeken, Skriver) 1:54.95, 2. Hempstead 1:55.65, 3. Waterloo East 1:56.12

Distance medley – 1. Hempstead (Lauer, Brown, Ohnesorge, Muntz) 4:23.72, 2. Prairie 4:29.21, 3. City High 4:30.32