

Paige Bradford of Kirkwood says she's lost a few pounds since the end of last season, which is why she's playing a lot better right now.

A few pounds? Coach Kim Muhl says Bradford has shed about 20 pounds since March.

"She's changed her body and she's a better player," Muhl said Saturday. "That's made her quicker and confident."

Bradford hit 7 of 9 shots and scored 17 points as the top-ranked Eagles crushed lowa Lakes, 77-42, in an ICCAC Conference game at Johnson Hall.

This past Wednesday, Bradford was a perfect 12 of 12 from the field and poured in a career-best 27 points when the Eagles topped Southeastern for Muhl's 900th victory as head coach.

Bradford is leaner, meaner and much quicker around the basket this season.

Bradford powers No. 1 Eagles

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