

Poula named All-American in volleyball

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Kirkwood freshman Heather Poula has been named a first team NJCAA Division II All-American in volleyball.

Poula, a 5-foot-10 hitter from West Branch, led Kirkwood with 429 kills this season and had 80 blocks. She ranked 20th in the nation in kills.

Poula helped the Eagles compile a 32-8 record and finish No.7 in the national rankings.