Jeffery wins Metro Spotlight Award

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Linn-Mar senior Alijah Jeffery is the winner of the Metro Spotlight Award for high school boys this week, the Metro Sports Report announced Sunday.

Jeffery has been one of the top wrestlers in the state during his entire career with the Lions. He placed third at 103 pounds as a freshman in 2011, placed third again at 113 pounds as a sophomore in 2012 and finished fifth at 120 pounds last year as a junior.

Jeffery is ranked No.1 at 120 pounds this year for Linn-Mar and has won more than 150 matches in his careeer. He won all five of his matches Saturday at the Linn-Mar Duals.

Here is our Question-&-Answer session with Alijah Jeffery:

MSR: What has been your favorite individual highlight in sports?

ALIJAH: My favorite sports memory actually happened earlier this year when I won preseason nationals at the UNI-Dome on my birthday.

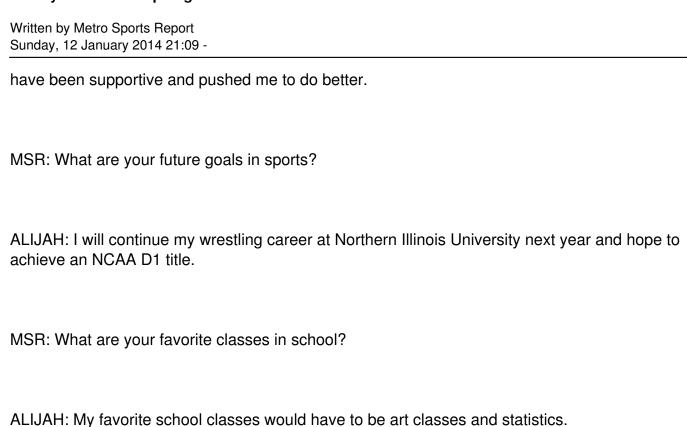
MSR: What has been your favorite team highlight in sports?

ALIJAH: My favorite sports memory as a team would be freshman year when we beat North Scott on criteria to advance to the state duals. And it just happened to be a special moment because Coach Streicher got his 200th dual win.

MSR: Who has had the biggest influence on your sports career?

ALIJAH: My parents and coaches have both helped me succeed in my sporting career. They

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MSR: What has been your favorite community service project?

ALIJAH: I helped clean the landscape at a Linn-Mar elementary school. That's a highlight for my volunteering.