

Cortes leads Mustangs to Heart title

Written by Metro Sports Report
Saturday, 09 November 2019 23:19 -



FAYETTE, Mo. - Vanessa Cortes of Mount Mercy raced to victory in the Heart of America Conference cross country meet Saturday and led the Mustangs to the team championship.

Cortes covered the 5K course in 19 minutes, 25.4 seconds for a convincing 18-second victory over Isabella Guerra of Benedictine.

Emily Erickson of Mount Mercy placed fifth, Andrea Ertz finished sixth and Kelsi Huhndorf was eighth as the Mustangs had four runners finish in the top-8. Jessica Ertz finished 29th for Mount Mercy to round out the team scoring.

Mount Mercy finished with 49 points to edge Baker (54) and Benedictine (56) for the title. The Mustangs earned an automatic berth to the NAIA national meet Nov. 22 in Vancouver, Wash.

The Mount Mercy men's cross country team finished sixth out of 12 teams in their 8K race. Jacob Blackmon led the Mustangs in seventh place.

WOMEN'S RESULTS

Team Standings

1. Mount Mercy 49, 2. Baker 54, 3. Benedictine 56, 4. MidAmerica Nazarene 86, 5. Graceland 139, 6. Central Methodist 153, 7. Evangel 211, 8. Grand View 231, 9. Clarke 240, 10. William Penn 252, 11. Peru State 307, 12. Missouri Valley 343, 13. Culver-Stockton 356.

Mount Mercy - 1. Vanessa Cortes 19:25.4, 5. Emily Erickson 19:54.8, 6. Andrea Ertz 19:56.9, 8. Kelsi Huhndorf 19:58.7, 29. Jessica Ertz 21:31.7.

Cortes leads Mustangs to Heart title

Written by Metro Sports Report
Saturday, 09 November 2019 23:19 -

MEN'S RESULTS

1. Baker 47, 2. Evangel 68, 3. Missouri Valley 104, 4. Benedictine 120, 5. Grand View 141, 6. Mount Mercy 144, 7. Central Methodist 152, 8. Clarke 236, 9. Graceland 241, 10. MidAmerica Nazarene 242, 11. William Penn 278, 12. Culver-Stockton 369.

Mount Mercy - 7. Jacob Blackmon 26:37.28, 15. Cameron Steffens 27:28.21, 31. Aaron Golding 28:16.27, 50. Sayed Opeyany 29:05.71, 51. Chase Kress 29:11.12.