

## Ranschau wins 100 hurdles at USATF meet

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AMES - Abbie Ranschau of Cedar Rapids Jefferson won the 100 meter hurdles in 15.64 seconds at the USATF Iowa Association Junior Olympics in Ames Sunday.

Ranschau, entering her senior year at Jefferson, also won the 100 hurdles at the Class 4A state meet this spring and ran on several record-setting relays with the J-Hawks during the school year.

Jasmine Blue, another member of the record-setting relay teams at Jefferson, placed third in the 200 meter dash at the Junior Olympics in 25.90 seconds. Ranschau finished fourth in the 200 in 26.06 seconds.

Blue also finished fifth in the 100 meter dash in 12.77 seconds.