

Carter tops all-Metro basketball team

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Kennedy senior A.J. Carter has been named the Athlete of the Year on the 2014 All-Metro Boys Basketball Team, as selected by the Metro coaches.

Jon McKowen of Kennedy was named the Metro Coach of the Year in his first season with the Cougars.

Jacob Olson of Jefferson, Adam McDermott of Xavier, Jordan Bohannon of Linn-Mar, Michael Mims of Prairie, Jared Printy of Washington and Nic Uhler of Linn-Mar joined Carter on the first team.

Olson made the first unit for the second straight year. Carter, Olson, McDermott and Bohannon were unanimous selections.

FIRST TEAM

A.J. Carter (Kennedy), Jacob Olson (Jefferson), Adam McDermott (Xavier), Jordan Bohannon (Linn-Mar), Michael Mims (Prairie), Jared Printy (Washington), Nic Uhler (Linn-Mar).

SECOND TEAM

Daly Quinn (Marion), Cole Murdock (Kennedy), Drew Heitland (Kennedy), Calvin Winker (Xavier), Lane Halupnik (Linn-Mar), Craig Engle (Marion), Tyler Konigsmark (Jefferson).

HONORABLE MENTION

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Washington - Maurice Arrington, Jake Kramer

Jefferson - Brandon Wiederin, Jake Van Oort

Prairie - Mitchell Lorenz, Cal Clark

Kennedy - John Bardsley, Zach Daniels

Xavier - Matt Nelson, Mitchell Burger

Linn-Mar - Jon Schlotterback, Jordan Brandt

Marion - Trevor Hardman, Quinn Cannoy