Written by Metro Sports Report Saturday, 05 May 2012 02:46 -

IOWA CITY - Robert Hogg of Cedar Rapids Washington picked up three gold medals and a prestigious award Friday night at a Mississippi Valley Conference meet in Iowa City.

Hogg was named the Mississippi Division Athlete of the Year after winning the 800 meter run and helping the Warriors capture the 4x800 and 4x400 relays.

lowa City High nipped Linn-Mar for the team championship, 118-117, and Washington made it an exciting three-team race by finishing third with 108 points.

Linn-Mar stars Josh Evans and Brandon Ophoff had challenging nights with mixed results. Evans won the 3200 meter run, but he was nipped in the 1600 by Dylan Eigenberger of Dubuque Senior. Eigenberger was clocked in 4:21.00 and Evans finished in 4:21.97 in a fast race.

Ophoff claimed the 400 low hurdles, but he was denied in the 110 high hurdles by Dan Roemerman of lowa City High. Roemerman won the high hurdles in 14.31 seconds and Ophoff was second in 14.57. Last week at the Drake Relays, Ophoff finished second in the high hurdles and Roemerman was third.

Linn-Mar captured the 4x200 relay and sprint medley relay with Austin Fleider and Tristan Freese running in both events.

Nick Corbett claimed the 400 meter dash for Washington in 49.59 seconds, the second-fastest clocking in Class 4A this year, according to the IHSAA website. Corbett also anchored Washington's triumphant 4x400 relay. Trevor Luebe ran the third leg on both of Washington's winning relay teams.

Derek Jacobus of Kennedy won the long jump at 21 feet, 6 1/2 inches.

MISSISSIPPI DIVISION MEET

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At Iowa City High

Team Standings

1. Iowa City High 118, 2. Linn-Mar 117, 3. Washington 108, 4. Dubuque Senior 71, 5. Waterloo West 67, 6. Kennedy 42, 7. Wahlert 32.

Discus

1. Kody Dailey (ICH) 157-11, 2. Danny Behning (DS) 145-7, 3. Collin Frazier (DS) 144-8, 4. Tyler Burrell (CRW) 144-5, 5. Dustin Smith (LM) 133-8, 6. Connor Norby (DS) 128-10.

Shot Put

- 1. Danny Behning (DS) 49-8 3/4, 2. Jack Halupnik (LM) 49-4 1/2, 3. Tanner Odle (ICH) 46-6,
- 4. Drew Heitland (CRK) 46-1, 5. Collin Frazier (DS) 46-0 1/4, 6. Michael Peterson (CRW) 45-8 1/2.

Long Jump

1. Derek Jacobus (CRK) 21-6 1/2, 2. Robert Hogg (CRW) 21-3 1/2, 3. Jason Millett (WW) 21-1 1/2, 4. Jasper Washington (ICH) 20-11, 5. Bryson Runge (ICH) 20-4, 6. Dequayvious Martin (WW) 20-2.

High Jump

1. Jeremy Johnson (ICH) 6-3, 2. Willie Rhodes (CRK) 6-2, 3. Elijah Evans (WW) 5-10, 4. Jared Walker (DW) 5-8, 5. Cameron Spears (ICH) 5-8.

3200 Meter Run

- 1. Josh Evans (LM) 9:55.03, 2. Blake Whalen (DS) 9:56.92, 3. Buddy Franson (DW) 10:04.49,
- 4. Chris Ohrt (ICH) 10:12.49, 5. Tyler Chlystun (LM) 10:20.86, 6. Kody Fitzjerrells (DS) 10:23.60.

4x800 Relay

1. Washington (Robert Hogg, Joe Berry, Trevor Luebe, Etienne Nzoyisaba) 8:05.22, 2. Linn-Mar (Chase Grabau, Duggan Trenary, Keegan Cook, Matt Simon) 8:09.34, 3. Dubuque Senior 8:11.56, 4. Iowa City High 8:11.57, 5. Waterloo West 8:16.63, 6. Kennedy (Evan Couch, Trent Seubert, Chris Blum, Trevor Oates) 9:12.51.

Shuttle Hurdle Relay

1. Iowa City High 56.38, 2. Linn-Mar (Brandon Ophoff, Colton Sanchez, Tristan Freese, Mike Keiser) 57.76, 3. Kennedy (Tom Kaiser, Derek Jacobus, Famiek Cook, Josh Jahlas) 59.07, 4. Waterloo West 1:02.69, 5. Washington (Drake Hickok, Forest Vega, Antonio Teague, Maliek Ketchens) 1:07.20.

100 Meter Dash

1. Tyrell Martin (WW) 10.84, 2. Will Griffin (CRW) 10.97, 3. Bryson Runge (ICH) 11.09, 4. Dequayvious Martin (WW) 11.12, 5. Desmond McCalla (ICH) 11.17, 6. Mitch Bredeson (CRW)

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11.21.

400 Meter Dash

1. Nick Corbett (CRW) 49.59, 2. Max Flynn (DW) 50.35, 3. Gus Glab (DW) 51.29, 4. Jabez Walker (LM) 51.60, 5. Michael Gloer (ICH) 52.54, 6. Isiah Williams (WW) 52.87.

4x200 Relay

1. Linn-Mar (Austin Fleider, Tristan Freese, Perrion Scott, Jake Luerkens) 1:29.59, 2. Waterloo West 1:29.76, 3. Iowa City High 1:29.96, 4. Washington (Mitch Bredeson, Morris Williams, Braedon Tovey, Will Griffin) 1:30.30, 5. Kenendy (Josh Jahlas, Famiek Cook, Jacob Shannon, Derek Jacobus) 1:33.59, 6. Dubuque Senior 1:35.50.

110 Meter Hurdles

- 1. Dan Roemerman (ICH) 14.31, 2. Brandon Ophoff (LM) 14.57, 3. Drake Hickok (CRW) 14.87,
- 4. Mason Greer (ICH) 15.32, 5. Tom Kaiser (CRK) 15.89, 6. Mike Keiser (LM) 15.92.

1600 Meter Run

1. Dylan Eigenberger (DS) 4:21.00, 2. Josh Evans (LM) 4:21.97, 3. Etienne Nzoyisaba (CRW) 4:27.65, 4. Chase Grabau (LM) 4:33.46, 5. Brook Price (ICH) 4:38.09, 6. Peter Harber (DW) 4:40.59.

200 Meter Dash

1. Tyrell Martin (WW) 22.03, 2. Desmond McCalla (ICH) 22.34, 3. Nick Corbett (CRW) 22.70, 4. Jasper Washington (ICH) 22.76, 5. Jake Luerkens (LM) 22.77, 6. Mitch Bredeson (CRW) 23.04.

400 Meter Hurdles

- 1. Brandon Ophoff (LM) 54.66, 2. Drake Hickok (CRW) 55.54, 3. Mitch McElmeel (DS) 56.56,
- 4. Ellis McBrayer (LM) 57.15, 5. Mohamed Traore (ICH) 57.61, 6. Josh Jahlas (CRK) 58.03.

Sprint Medlev

1. Linn-Mar (Austin Fleider, Tristan Freese, Ryan Wirth, Matt Simon) 3:37.29, 2. Dubuque Senior 3:40.93, 3. Washington (Morris Williams, David Tann, Noah Dostal, Trevor Luebe) 3:42.06, 4. Kennedy (Famiek Cook, Tom Kaiser, John Koelling, Trevor Oates) 3:42.57, 5. Waterloo West 3:45.05.

800 Meter Run

1. Robert Hogg (CRW) 1:57.16, 2. Jabez Walker (LM) 2:00.70, 3. Josh Evans (LM) 2:00.80, 4. Anthony Ohl (WW) 2:00.93, 5. Brook Price (ICH) 2:02.62, 6. Etienne Nzoyisaba (CRW) 2:02.67.

4x100 Relay

1. Iowa City High 42.28, 2. Waterloo West 42.64, 3. Washington (Mitch Bredeson, Will Griffin, Braedon Tovey, Joseph McBride) 42.93, 4. Linn-Mar (Travis Kvach, Jake Luerkens, Perrion Scott, Tristan Freese) 43.73, 5. Kennedy (John Koelling, Tom Kaiser, Jacob Shannon, Derek Jacobus) 44.76, 6. Dubuque Senior 45.77.

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4x400 Relay

1. Washington (Drake Hickok, Robert Hogg, Trevor Luebe, Nick Corbett) 3:23.64, 2. Iowa City High 3:23.99, 3. Wahlert 3:24.97, 4. Dubuque Senior 3:29.00, 5. Kennedy (Chad Slaymaker, Trevor Oates, Rod Dooley, Josh Jahlas) 3:35.33, 6. Waterloo West 3:36.73.